

*“Therefore, putting away **lying**,^{*} “Let each one of you speak **truth** with his neighbor,” for we are members of one another. ²⁶“Be ^aangry, and do not sin”: ^{**} do not let the sun go down on your **wrath**,²⁷ nor give place to the devil. ²⁸Let him who **stole** steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need. ²⁹Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. ³⁰And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹Let all **bitterness**, ^c**wrath**, ^d**anger**, **clamor**, and **evil speaking** be put away from you, with all **malice**. ³²And be **kind** to one another, **tenderhearted**, **forgiving one another**, even as God in Christ forgave you.*

*^{5:1}Therefore be **imitators of God** as dear children. ²And **walk in love**, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma.*

*³But **fornication** and all **uncleanness** or **covetousness**, let it not even be named among you, as is fitting for saints; ⁴neither **filthiness**, nor **foolish talking**, nor **coarse jesting**, which are not fitting, but rather **giving of thanks**. ⁵For this you know, that no **fornicator**, **unclean person**, nor **covetous** man, who is an idolater, has any inheritance in the kingdom of Christ and God.*

⁶Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

⁷Therefore do not be partakers with them.

*⁸For you were once darkness, but now you are light in the Lord. Walk as children of light ⁹(for the fruit of the Spirit is in all **goodness**, **righteousness**, and **truth**), ¹⁰finding out what is acceptable to the Lord.*

¹¹And have no fellowship with the unfruitful works of darkness, but rather expose them.

¹²For it is shameful even to speak of those things which are done by them in secret.

¹³But all things that are exposed are made manifest by the light, for whatever makes manifest is light.

¹⁴Therefore He says:

**** ‘Awake, you who sleep*

Arise from the dead,

And Christ will give you light.’

¹⁵See then that you walk circumspectly, not as fools but as wise, ¹⁶redeeming the time, because the days are evil.

¹⁷ *Therefore do not be unwise, but understand what the will of the Lord is.” Ephesians 4:25-32 – 5:17*

*Zechariah 8:16 “*These are the things you shall do:*

Speak each man the truth to his neighbor;

Give judgment in your gates for truth, justice, and peace;”

** Psalm 4:4

*** Isaiah 26:19; 60:1

On anger and wrath:

In verse 26, ^a**anger** is the word *orgízō* – be angry, as expressing a "fixed anger" (settled opposition). "To show settled-opposition" is positive when inspired by God – and always negative when arising from the flesh. "Sinful (unnecessary) anger" focuses on punishing the offender rather than the moral content of the offense. (HELPS Word)

The second word, ^b**wrath**, is *parorgismós* – irritation (exasperation, bitterness) which is provoked, i.e. by someone causing a personal ("up-close") sense of anger. (HELPS) This word is only used here in Ephesians 4:26.

This verse shows us several things about anger:

- There is a time to be angry. When Paul quotes Psalm 4:4, he says: “*Be angry, and do not sin.*”
- That time doesn’t last long. David continues to say, “*Meditate within your heart on your bed, and be still.*”
- You will be provoked to anger. It is ungodly to hold a grudge.
- Notice that David tells us to not to sin when we are angry. Rather than “*let the sun go down*” upon your wrath or irritation, we are to still our hearts as we go to sleep rather than focusing on the irritations of the day. (The key to this is found in vs. 32.)
- The result is a potential doorway: “*nor give place to the devil.*” ←

Remember this!

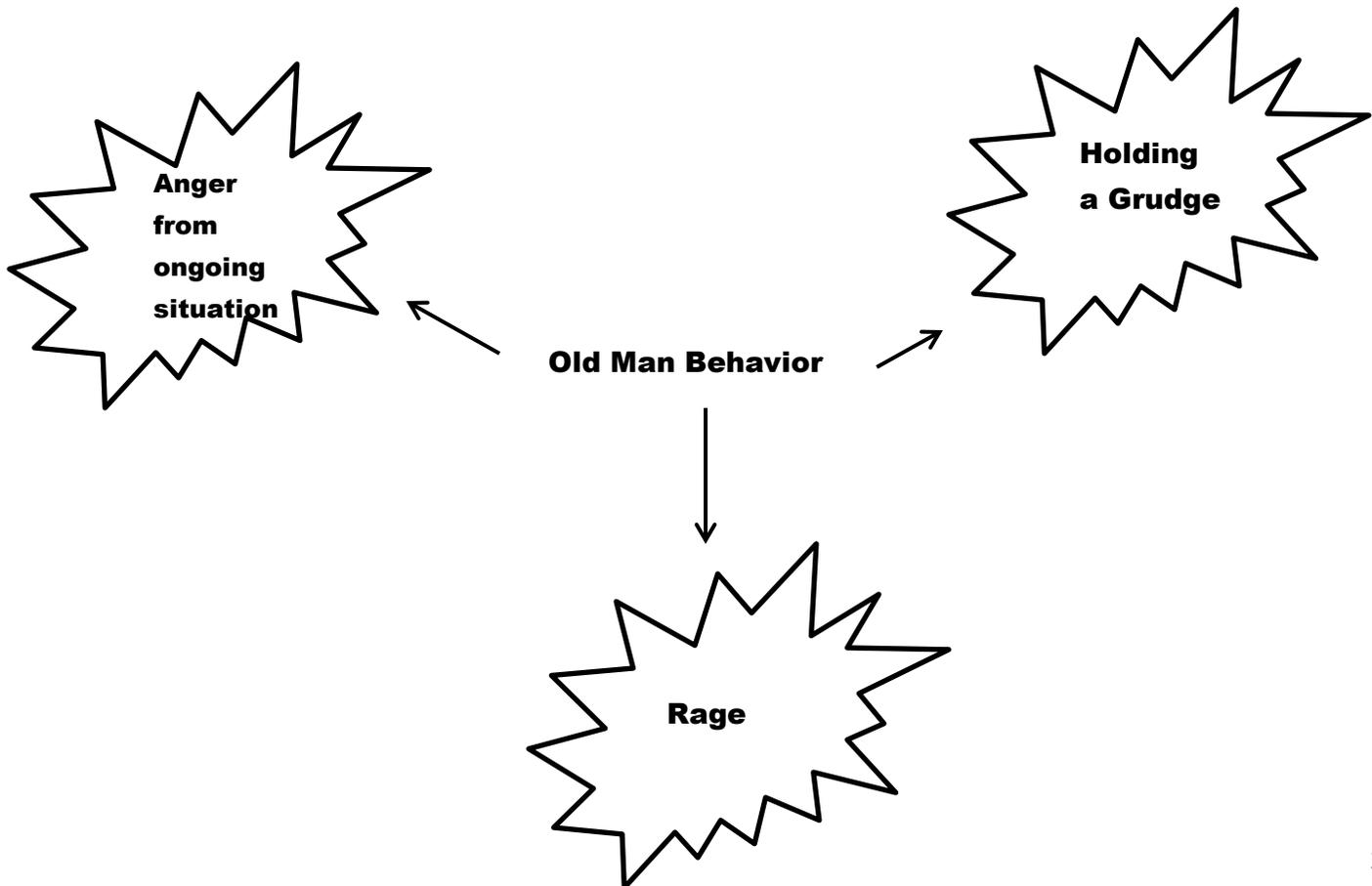
^c**Wrath** in verse 31 is a different word (*thymós*) and means an outburst of passion or rage. (Strong’s) When it is used of people it indicates rage (personal venting of anger) (HELPS). We are also warned against this in:

- Colossians 3:8 “*But now you yourselves are to put off all these, ^danger, **wrath**, malice, blasphemy, filthy language out of your mouth.*”
- Romans 2:8 “*but to those who are self-seeking and do not obey the truth, but obey unrighteousness—**indignation and wrath**,*”

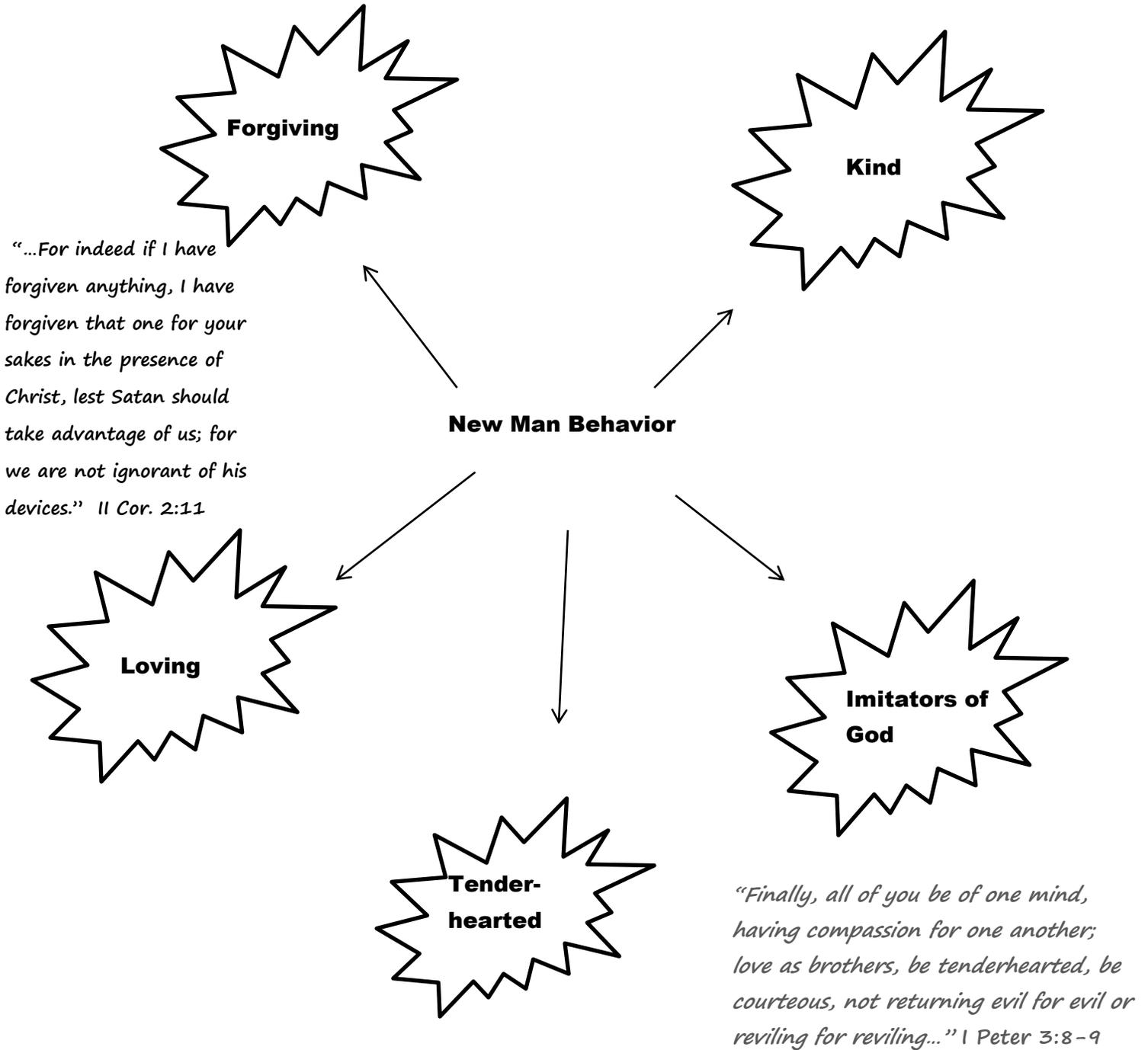
- II Corinthians 12:20 “For I fear lest, when I come, I shall not find you such as I wish, and that I shall be found by you such as you do not wish; lest there be contentions, jealousies, **outbursts of wrath**, selfish ambitions, backbitings, whisperings, conceits, tumults;”
- When *thymós* ("expressed passion") is used of people it indicates *rage* (personal venting of *anger*...) This flaw is completely absent of the Lord expressing (inspiring) *intense* anger. Accordingly, *thymós* is used of God's perfect, holy *wrath* in *Revelation* (Rev 14:10,19,15:1, etc.). This anger is directed *against* sin with intense *opposition* and *without sin*. (HELPS Word Studies)

^d**Anger** – in verse 31 is the word *orgḗ* – settled anger (opposition), i.e. rising up from an ongoing (fixed) opposition. [It] proceeds from an internal disposition which steadfastly opposes someone or something based on extended personal exposure, i.e. solidifying what the beholder considers wrong (unjust, evil).

- Ephesians 2:3 says once we “were by nature children of **wrath**”, meaning the same thing as the word “*anger*” in Col. 3:8.
- This word for settled anger coming from an ongoing opposition is translated in Romans 2:8 as “*indignation*.”
- *Orgḗ* can also be used in the New Testament to refer to the wrath of God, as in Romans 1:18: “For the **wrath** of God is revealed from heaven against all ungodliness and unrighteousness of men who suppress the truth in unrighteousness,”



I Thessalonians 5:23 *“Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.”*



Ephesians 4:32 *“And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.”*

New man behaviors are not just normal, they are also weapons of warfare.

Who you were

Who you are

Old Man

New Man

Lying { *Lying spirit*

Wrath

Stealing

Corrupt words

Bitterness { *James 3:14-16, Heb. 12:15, open doorway*

Anger { *Can be a symptom of the stronghold of "jealousy"*

Clamor outcry, clamoring against another.

Evil speaking

Malice – ill will, desire to injure

Fornication – *porneia* – fornication, whoredom, idolatry

Uncleaness - the impurity of lustful, luxurious, profligate living

Covetousness = Idolatry

***Filthiness** – obscenity, indecency, baseness

***Foolish talking**

***Coarse jesting**

Clamor, evil speaking and malice can all be symptoms of a spirit of ill will as well as be a part of the doorways of bitterness, envy, unforgiveness, judgments and pride.

*Doorways: self-seeking, willful rebellion
Strongholds: whoredoms, perversion*

Truth

Kind

Tenderhearted

Forgiving { *See II Cor. 2:11 on Satan's devices against the mind*

Imitators of God

Walk in love

Thankful

Goodness

Righteousness

"Corrupt words" translates to "unwholesome" and means rotten, corrupt, depraved. It is used in Matt. 7:17-18, 12:33 & Luke 6:43-44 to refer to a tree bearing bad fruit and in Matt. 13:48 to

“But we have renounced the hidden things of shame...” II Cori

*The only time any of these three words are used is in this verse.

Behaviors belonging to the old man are not normal for the Believer.

“And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.” Ephesians 2:1-3

Old Man

New Man

Dead in trespasses and sins

Walked according to the course of this world

**Conducted oneself in the lusts of the flesh
nature children of wrath**



Alive

“that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,” (Eph. 4:22)

“and that you put on the new man which was created according to God, in true righteousness and holiness.” (Eph. 4:24)

Galatians 4:3-9 *“Even so we, when we were children, were in bondage under the elements of the world.*

⁴*But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, ⁵to redeem those who were under the law, that we might receive the adoption as sons.*

⁶*And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, ‘Abba, Father!’*

⁷*Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.*

⁸*But then, indeed, when you did not know God, you served those which by nature are not gods.*

⁹*But now after you have known God, or rather are known by God, how is it that you turn again to the weak and beggarly elements, to which you desire again to be in bondage?”*

Paul struggled too:

Read Romans 7

Know your identity
“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”
II Cor. 5:17

Why?

If these behaviors of the old man are a constant struggle, it is time to consider what is going on to cause them.

Are you growing or behaving like an infant?

I Corinthians 3:1 *“And I, brethren, could not speak to you as to ^aspiritual people, but as to ^bcarnal, as to ^cbabes in Christ.*

²I fed you with ^dmilk and not with ^esolid food; for until now you ^fwere not able to receive it, and even now you are still not able; ³for you are still ^bcarnal. For where there are ^genvy, ^hstrife, and divisions among you, are you not carnal and behaving like mere men?”

- ^aSpiritual – one governed by the Spirit of God
- ^bCarnal – wholly given up to the flesh; governed by the human nature, not by the Spirit of God
- ^cBabes – childish, untaught, unskilled
- ^dMilk – less difficult truths
- ^eSolid food – instruction
- ^fWere not able – did not have the power, were not empowered (Romans 3:11 *“No one understands [no one intelligently discerns or comprehends]; no one seeks out God.”* (AMP))
- ^gEnvy – envious and contentious rivalry (II Corinthians 12:20, Galatians 5:20, James 3:14,16)
- ^hStrife – contention, strife, wrangling; readiness to quarrel; sometimes translated contentions or quarrels (Romans 1:29, 13:13; I Corinthians 1:11; II Corinthians 12:20; Galatians 5:20; Philipians 1:15; I Timothy 6:4; Titus 3:9)

This isn't the same as John 21:15 when Jesus said to Peter, *“Feed my lambs.”* These were not **new** Christians but they were still babies. Lack of growth is not normal.

If you aren't growing, why aren't you?

Are you abiding? Healthy plants bear fruit – naturally. What is in your life preventing growth and fruit-bearing? What dead branches need to be pruned?

John 15



Do you have anything in your life that “gives place to the devil”:

- Do you notice an ongoing struggle with bitterness or anger? Pray and ask God if this may have resulted in unforgiveness, vows or judgments against someone.
- Are ongoing sexual sins, impure thoughts, obscenities, etc., a problem? Ask God if you are in willful rebellion.
- Continual envy or covetousness is also a way Scripture tells us makes place for the devil. Many of the behaviors Paul lists are pride-based – “all about me” – rather than being focused on furthering the Kingdom of God and we are told that “*God resists the proud but gives grace to the humble.*” (James 4:6)

Study these at:

Doorways:

http://www.eimministries.org/wp-content/uploads/2012/02/Living_Dangerously_11-21-2010_Notes.pdf

Strongholds:

http://www.eimministries.org/wp-content/uploads/2012/02/Living_Dangerously_1-23-2011_Notes.pdf

“Old man”
behaviors can
lead to
↙



“But you have not so learned Christ, ²¹if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: ²²that you put off, concerning you former conduct, the old man which grows corrupt according to the deceitful lusts, ²³and be renewed in the spirit of your minds....

⁵: For you were once darkness, but now you are light in the Lord. Walk as children of light”

Ephesians 4:20-23; 5:8

On the Mind:

Diánoia - understanding, intellect, mind, insight. (Strong's) incorporates both sides of a matter to reach a meaningful (personal) conclusion. It works to a person's own undoing when it operates apart from the light of God's word (Eph 4:18).] (HELPS Word)

Ephesians 4:17-18 *"This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their *mind, Having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their hearts;"*

**See nous below*

- The mind as the faculty of understanding, feeling, desiring
 - Matt. 22:37, Mark 12:30, Luke 10:27 *"love the Lord your God with all your heart, with all your soul, and with all your **mind**."*
 - Eph. 1:18 *"the eyes of your **understanding** being enlightened;"*
 - Hebrews 8:10 *"I will put My laws in their **mind** and write them on their *hearts"*
 - Hebrews 10:16 *"I will put My laws into their *hearts, and in their **minds** I will write them"*
 - *the center and seat of spiritual life, "the soul or mind, as it is the fountain and seat of the thoughts, passions, desires, appetites, affections, purposes, endeavors"
 - I Peter 1:13 *"Therefore gird up the loins of your **mind**,"*
- Understanding
 - I John 5:20 *"And we know that the Son of God has come and has given us an **understanding**, that we may know Him who is true"*
- (i.e. spirit) Way of thinking, feeling
 - Colossians 1:21 *"And you, who once" were alienated and enemies in your **mind** by wicked works, yet now He has reconciled*
 - Luke 1:51 *"He has shown strength with His arm; He has scattered the proud in the **imagination** of their hearts."*
 - II Peter 3:1 *"Beloved, I now write to you this second epistle (in both of which I stir up your pure **minds** by way of reminder),"*

- Thought (contextually in a bad sense)
 - Ephesians 2:3 “*fulfilling the desires of the flesh and of the **mind**, and were by nature children of wrath,*”

Noús - the mind, the reason, the reasoning faculty, intellect. (Strong’s) The God-given capacity of each person to think (reason); the mind; mental capacity to exercise reflective thinking. For the believer, **noús** is the organ of receiving God's thoughts, through faith. (HELPS Word)

1. The mind, comprising the faculties of a)perceiving and understanding and b)those of feeling, judging, determining, specifically:

- the intellective faculty, the understanding
 - Luke 24:45 “*And He opened their **understanding**, that they might comprehend the Scriptures.*”
 - Philippians 4:7 “*and the peace of God, which surpasses all **understanding**, will guard your hearts and * minds through Christ Jesus.*
 - Revelation 13:18 “*Here is wisdom. Let him who has **understanding** calculate the number of the beast, for it is the number of a man: His number is 666.*”
 - I Corinthians 14:14, 19 “*For if I pray in a tongue, my spirit prays, but my **understanding** is unfruitful....yet in the church I would rather speak five words with my **understanding**, that I may teach others also, than ten thousand words in a tongue.*” Even more specifically here the word means: the spirit intensely roused and completely absorbed with divine things, but destitute of clear ideas of them,
 - I Corinthians 2:16 “*But we have the **mind** of Christ.*” Specifically, to be furnished with the understanding of Christ.
- Reason; the capacity for spiritual truth, the higher powers of the soul, the faculty of perceiving, of recognizing goodness and of hating evil:
 - Romans 1:28 “*And even as they did not like to retain God in their knowledge, God gave them over to a debased **mind**”*
 - Romans 7:23 “*But I see another law in my members, warring against the law of my **mind**, and bringing me into captivity to the law of sin which is in my members.*

*See *nōēmaa* below

²⁴*O wretched man that I am! Who will deliver me from this body of death?* ²⁵*I thank God—through Jesus Christ our Lord! So then, with the **mind** I myself serve the law of God, but with the flesh the law of sin.”*

- **Ephesians 4:17** *“This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their **mind**,”*
- I Timothy 6:5 *“useless wranglings[a] of men of corrupt **minds** and destitute of the truth,”*
- II Timothy 3:8 *“so do these also resist the truth: men of corrupt **minds**, disapproved concerning the faith”*
- Titus 1:15 *“to those who are defiled and unbelieving nothing is pure; but even their **mind** and conscience are defiled.”*
- **Ephesians 4:23** (Specifically here: To be so changed that the spirit which governs the mind is renewed.) *“and be renewed in the spirit of your **mind**,”*
- Romans 12:2 *“And do not be conformed to this world, but be transformed by the renewing of your **mind**, that you may prove what is that good and acceptable and perfect will of God.”*
- The power of considering and judging soberly, calmly and impartially:
 - 2 Thessalonians 2:2 *“not to be soon shaken in **mind** or troubled,”*

2. A particular mode of thinking and judging

- Romans 14:5 *“Let each be fully convinced in his own **mind**.”*
- I Corinthians 1:10 *“but that you be perfectly joined together in the same **mind** and in the same judgment.”*
- Romans 11:34 (Here and in I Corinthians 2:16 equivalent to thoughts, feelings, purposes) *“For who has known the **mind** of the Lord?”*
- I Corinthians 2:16 *“But we have the **mind** of Christ.”*
- Colossians 2:18 (equivalent to desires) *“vainly puffed up by his fleshly mind,”*

Nóēmaa - thought, purpose, design; the mind; the heart, soul, feelings. (Strong’s)

- A mental perception or thought
- An evil purpose: to cause whoever is devising evil against Christ to desist from his purpose and submit himself to Christ

Spiritual
Warfare 101

- II Corinthians 10:4-5 “*For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ*”
- II Corinthians 2:11 “...*For indeed if I have forgiven anything, I have forgiven that one for your sakes in the presence of Christ, lest Satan should take advantage of us; for we are not ignorant of his **devices**.*”

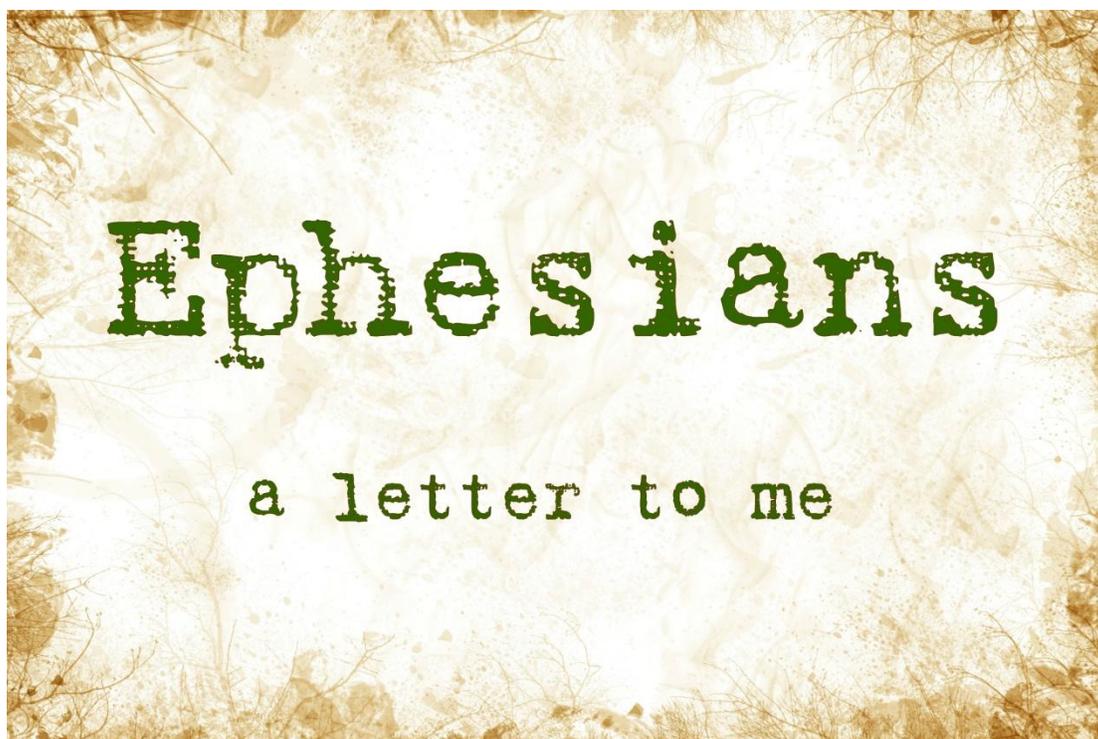
- That which thinks

- II Corinthians 3:14 “*But their minds were blinded. For until this day the same veil remains unlifted in the reading of the Old Testament, because the veil is taken away in Christ.*”
- II Corinthians 4:4 “*whose **minds** the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them.*”
- Philippians 4:7 “*and the peace of God, which surpasses all **understanding**, will guard your hearts and *minds through Christ Jesus.*”

Read II Cor 3:14-18
and Isaiah 25:7

For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. ¹⁶ If, then, I do what I will not to do, I agree with the law that it is good. ¹⁷ But now, it is no longer I who do it, but sin that dwells in me. ¹⁸ For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. ¹⁹ For the good that I will to do, I do not do; but the evil I will not to do, that I practice. ²⁰ Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. ²¹ I find then a law, that evil is present with me, the one who wills to do good. ²² For I delight in the law of God according to the inward man. ²³ But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. ²⁴ O wretched man that I am! Who will deliver me from this body of death? ²⁵ I thank God—through Jesus Christ our Lord!

Romans 7:15-25



*“Now You Are Light”
That’s Not You!*